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Inner South Community Committee 4 March 2020

Item 8 – Inner South Community Committee Finance Report

Additional Wellbeing Application

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Finance Report – Supplementary Item

A new application for wellbeing funding has been received and is presented below for your attention.

Project Title: Beeston Youth Club

Name of Group or Organisation: Health for All Leeds (HFA)

Total Project Cost: £7,550

Amount proposed from Wellbeing Budget 2020/2021: £7,550 (YAF £5446.50 / Revenue £2103.50)

Wards Covered: Beeston & Holbeck

Project Summary:

The grant will be used for venue hire and coaches to deliver a Youth Club for two evenings (after school) per week on Tuesdays and Wednesdays at Beeston Village Community Centre for 1 year (46-48 weeks per year).

The Club sessions will engage young people aged between 8 and 17 years, in healthy, active, fun activities designed to not only improve their health, both physical and mental, but also build their confidence and encourage the creation of healthy friendships with their peers. This will address the loneliness and isolation which so many young people experience. We envisage one of the designated evenings to attract 8 to 12 year olds, and the second evening session to attract the older age range of 12 to 17 year olds.

Each session will be after school during term times and involve some weekend and holiday provision during the school holidays. Activities will include multi sports, games, tournaments, boxercise, table tennis, cooking, arts and crafts – organised in consultation with the young people attending.

Our HFA ACE team of young, qualified, experienced, DBS checked coaches, who will deliver the sessions, are trained in a wide range of sports and activities – even line dancing - and these will be on offer throughout the year for the young people. An emphasis will be on team games, getting and staying active, positive mental health.

We will engage an average minimum of 30 young people per session. We expect to build up slowly but our existing links and the trust already built with the schools and young people will ensure we reach high numbers consistently. We will encourage a sense of belonging and family, working with the young people to choose a name for their Club and have t shirts and other equipment designed and printed to encourage a sense of ownership. We expect there to be a minimum of two coaches at each session with the possibility of three where a range of activities are taking place at the same time. We will provide healthy drinks and snacks for the young people especially when coming to the Clubs straight after school.

During school holidays, we are experienced in organising tournaments between different schools/clubs so would envisage holding similar events and fun days and even residential at some time in the future

Funding would cover:

Room Hire (large hall at BVCC) 2 x after school £2,250

Multi sports/Activity coaches x 2 after school £4,500

Badged t shirts/hats etc £200

Over heads (administration, audit etc) £600

Refreshments provided (free of charge)

Cost to young people:

Initially free to young people after, say 6 months, we would look at consulting with the young people and their parents to see if they were willing to pay 50 pence per session or £1 - which would go towards trips out, seasonal celebrations etc.

Sustainability:

We would support the group to become independent and self-sustaining by helping it elect a small management committee – in this case encouraging parents of the young people to become involved, adopt a Constitution, open a bank account and apply for small grants from a variety of sources.

Community Committee Priorities:

- Provide a range of activities for young people across the Inner South